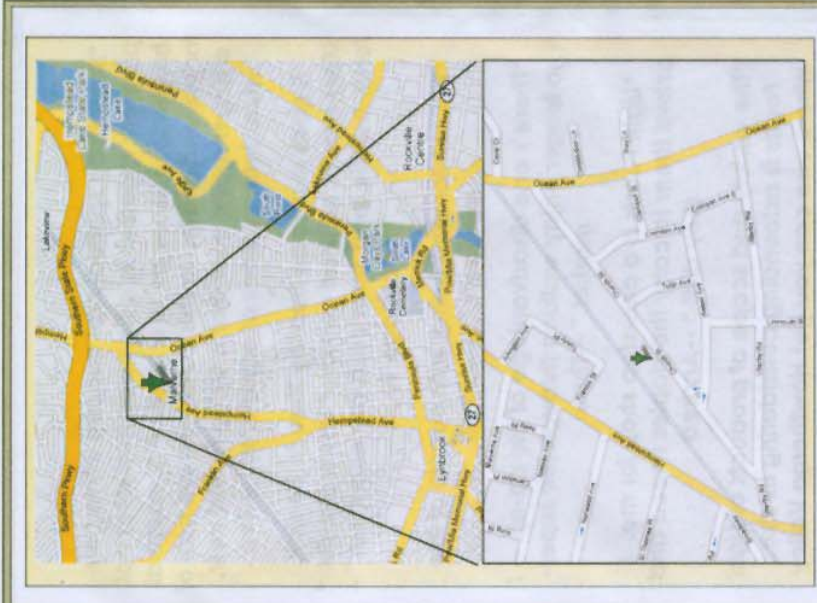




**A CO-OPERATIVE MARKET**  
 SHOP AND EAT CONSCIOUSLY!  
 HELP THE EARTH!  
 CREATE COMMUNITY  
 HAVE FUN  
 MAKE FRIENDS  
 GET HEALTHY &  
 SAVE MONEY

**SHOPPING HOURS (FALL & WINTER):**

- Monday: 11 am - 5:30 pm**
- Tuesday: 8:30 am - 4:30 pm (call after 2)**
- Wednesday: 10 am - 2:30 pm (call after 12)**
- Thursday: 10 am - 7 pm**
- Friday: 10 am - 3 pm (call after 1)**
- Saturday: 9 am - 2:30 pm**
- Sunday: closed**



**From Southern State Parkway:** Take Exit 17S, Hempstead/Ocean Ave. After a few blocks the road forks--take the left fork onto Ocean Avenue. Make a right turn onto Church Street, which is the first street after the railroad tracks.

**From Lynbrook,** take Hempstead Ave North to Malverne. Turn right at Utterby, the road right before the railroad tracks. At the fork, keep left onto Church St.

**From Rockville Centre,** take Sunrise Highway or Merrick Road to Ocean Avenue. Turn right and go north approx. 2 miles. Turn Left onto Church Street, which is right before the railroad tracks.

**The sign for the co-op is in its window. It is in the same building as Pat's Prime Meats.**

**73 CHURCH STREET,  
 MALVERNE, NY 11565  
 (516) 561-5654**



**Available at the co-op:**

- Organic eggs, poultry and beef.
- Organic milk, cheeses & other dairy products (Cow, goat, buffalo...)
- Fresh produce (delivered Mondays, Thursdays)
- Canned goods, organic grains and cereals, juices,
- Healthy lunch box goodies
- Great organic chocolate and ice cream.
- Many more food products
- Environmentally friendly cleaning products and household items.
- Homeopathic remedies, herbs, vitamins
- Soaps, cosmetics
- And much more
- All in the context of creating community

